

Personal Worksheet – Use for Reflection

Prayerfully consider your place in the Body of Christ.

STATE IN LIFE

What is my current state? Has there been a change?

Single—Married--Widowed

CIRCUMSTANCES

Is there a situation that requires my focused attention?

Would this situation be blessed or nurtured by participation in Spiritual Community?

Newborn—Sickness: myself, child or parent—Job change—Work or home life demands

MOTIVATION

Why do I want to participate at this time?

Grow spiritually—Participate in community—Grow my skills—Contribute my time and skills—Nurture others—Be nurtured—Fulfill my Baptismal promises--Gain merit to get to heaven—Glorify God

COMMITMENT

What time do I have to contribute? How often can I attend? How do I use my gifts to give back to God?

SKILLS, TALENTS, APTITUDES

What do I do that energizes me? What new inspirations do I have that I would like to explore?

MY GIFTS

What interior qualities are mine to make visible?

How have I been graced? I am...

Patient—kind—tolerant—gentle—faithful—devout—honest—good intentioned—joyful—hospitable—charitable—compassionate—loving—knowledgeable—wise—understanding—reverent—strong—inspired—courageous—good with judgement—obedient

MODE FOR PARTICIPATING

What is natural for me? Am I inclined to make a shift?

Hands and feet (Do-er)—Mind (Planner)—Heart (Be-er/Nurturer)

Growth Opportunities

Do I need or want to make a shift or a change? How can I grow closer to God? How can I help others grow closer to God? How can I bring new life?

MY COMMUNITY

What does my community need from me? Where do I see a need?

This year I would like to--

Reflection—Our Call

Set aside some time to reflect on the following. Prepare a quiet place where you will not be interrupted, perhaps in the presence of the Blessed Sacrament. Quietly read over each section. Does a word or phrase, jump out at you? If so spend some time with it. Ask to be shown what is for you to be or do at this time. Jot down a few words to help you further reflect at another time.

CORPORAL WORKS OF MERCY

- To feed the hungry
- To give drink to the thirsty
- To clothe the naked
- To harbour the harbourless
- To visit the sick
- To ransom the captive
- To bury the dead

SPIRITUAL WORKS OF MERCY

- To instruct the ignorant
- To counsel the doubtful
- To admonish sinners
- To bear wrongs patiently
- To forgive offences willingly
- To comfort the afflicted
- To pray for the living and the dead

THE BEATITUDES

Mathew 5:3-12

- Blessed are the poor in spirit, for theirs is the kingdom of heaven.
- Blessed are those who mourn, for they shall be comforted.
- Blessed are the meek, for they shall inherit the earth.
- Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.
- Blessed are the merciful, for they shall obtain mercy.
- Blessed are the pure in heart, for they shall see God.
- Blessed are the peacemakers, for they shall be called sons of God.
- Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.
- Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely on my account.
- Rejoice and be glad, for your reward is great in heaven.

REFLECTION

Prayerfully consider how you will walk with Jesus this year. Do you have a particular quality that is apparent when you walk with others who are hurting or acting out? Are you patient, kind, open-minded, compassionate? In which situations do you tend to have a hardened heart? Working in ministry provides us the opportunity to deepen in the love we can so readily show and to pray for the grace to open our hearts when situations are difficult. Use the following resource as a starting point.

WAYS TO MAKE FAITH TANGIBLE

As we walk with our ministry members, inspired by Jesus, we do the following:

- Listen with an open heart
- Empathize
- See the good in others
- Approach others with warmth
- Pray for each other
- Take the time to know each other
- Genuinely care
- Relationships are the priority, not tasks
- Create a safe place to grow community
- Speak lovingly and honestly when realize we've offended
- Apologize when we offend
- Forgive offences

Ways I can make my Faith visible in my ministry--

James 1:22-25

22 But prove yourselves doers of the word, and not merely hearers who delude themselves.23 For if anyone is a hearer of the word and not a doer, he is like a man who looks at his natural face in a mirror; 24 for once he has looked at himself and gone away, he has immediately forgotten what kind of person he was.25 But one who looks intently at the perfect law, the law of liberty, and abides by it, not having become a forgetful hearer but an effectual doer, this man will be blessed in what he does

Some questions to ponder.....

How do we show up when we are BEING Christian?
How do we show up when we think we are DOING Christian acts?
What is the disposition of your heart?
What attitude do I take to my ministry?...my service?
What are your personal traps? ...warning signs?
What is one way you can be on alert?

Christian Do-er /Be-er

MINISTRIES THAT FUNCTION ACROSS PILLARS AND MINISTRIES

To grow, sustain or ensure our ministries are alive and robust, we constantly look for opportunities to change with the growth of the parishioners, capabilities, and the needs of those we serve. We keep an eye on the changing landscape.

Looking for Cross-Pillar/Ministry Opportunities

- What group are we serving in the natural path of our ministries?
Elderly—Homebound—Veterans—Children—Homeless—Low income families—Single mothers, etc.
- What are their additional needs?
- What group is strong right now at our Parish?
New teen choir—Adoration/prayerers—Ministers to the homebound—Men of St. John—Challenge Girls—Scouts, etc.
- What talents do they have to contribute?
- What are we currently involved in that we can stretch to a group in need?

How can we be more inclusive?

Examples—

How can we include the homebound in the Parish directory?

How can we bring music or the homilies to the homebound or military serving away from our home Parish?

How can we pray as a Parish over our ministries?

BE IN THE KNOW!

How my ministry can expand our service—

Who do I serve?

What is another group doing well or is strong in right now?

What other group has Strength or skill to help?

What is a natural extension of the things that are going on around the Parish?

MATTHEW 18:15-20

15 “If your brother sins, go and show him his fault in private; if he listens to you, you have won your brother. 16 But if he does not listen to you, take one or two more with you, so that by the mouth of two or three witnesses every fact may be confirmed. 17 If he refuses to listen to them, tell it to the church; and if he refuses to listen even to the church, let him be to you as a Gentile and a tax collector. 18 Truly I say to you, whatever you bind on earth shall have been bound in heaven; and whatever you loose on earth shall have been loosed in heaven.

19 “Again I say to you, that if two of you agree on earth about anything that they may ask, it shall be done for them by My Father who is in heaven. 20 For where two or three have gathered together in My name, I am there in their midst.”

My personal responsibility to relationship in my ministry—

What is my plan?

When I offend

When I am offended

What prayer or scripture helps me?

Who will I consult?

Parish Life Ministry Matrix

WORSHIP PILLAR:

Fr. Ray Ackerman, Staff Resource

Liturgical Ministries

Communion Ministers
Choir and Music Ministry
Lectors/Commentator Ministry
Greeter Ministry
Usher Ministry
Altar Server Ministry
The Martha's Ministry
Linen Ladies Ministry
Sacristan Ministry
Mass Coordinators
Weddings
Funerals
Baptismal Preparation
Marriage Preparation
Cursillo/Ultreya
Soup Suppers

Prayer

Eucharistic Adoration
Rosary Devotion
Stations of the Cross
Divine Mercy Sunday
Retreat in Daily Life
Spiritual Direction

OUTREACH PILLAR:

Deacon Gary Peterson, Staff Resource

Pastoral Care

Time Out Ministry
Grief Support
Project Gabriel Ministry
Communion to Homebound
St. Joseph's Corp

Counseling
Parish Nursing Ministry
Funeral Dinner Ministry
Cancer Support Group
Zachary House Ministry

Social Ministries

Samaritan House Ministry
OK County Jail
Thanksgiving Dinner Ministry
Cooks Night Out Ministry

Giving Tree Ministry
Mable Basset Prison Program
Ida Freeman Ministry

Peru Ministry

F2F Sponsorship, Mission Trips, Warehouse/Container

Peace and Justice Ministry

40 Days of Life

Evangelization Ministry

Catholics Returning Home

Staff

Pastor

Parish Council

FORMATION PILLAR:

Dr. Harry Kocurek, Staff Resource

RCIA

RCIC

Adult Formation

Tap into Faith
Bible & Scripture Studies
Natural Family Planning
Small Christian Communities
Adult Sunday School

Total Youth Ministry

EDGE
Life Teen
Summer Sunshine
Confirmation Preparation
Challenge Girls

CDC

Preschool

Elementary RE

Pre-K thru 5th Grade
Vacation Bible School
Children's Dismissal

Campus Ministry

UCO Campus Ministry

ADMINISTRATION PILLAR:

Jennifer Dolf, Staff Resource

Finance Board
Money Counters
Property Committee
Communications Committee
Nursery
Safe Environment

ST. ELIZABETH ANN SETON:

Laura Gallagher, Staff Resource

School Advisory Council
Athletics Commission
SEAS PTO

STEWARDSHIP & COMMUNITY LIFE PILLAR:

Amy Dennis, Staff Resource

Organizations

Women of St. John's Ministry
Keenagers
Classic Adult Singles
Boy Scouts
Cub Scouts
Young Adults
Men's Ministry
Knights of Columbus
Girl Scouts/Brownies
Venture Crew/2021

Marriage and Family Life Ministry

Social Events

Mardi Gras
Valentine's Day Dance
Receptions/Special Events
Lunch & Learn
Parish Picnic
Family Fun Night
Auction

Volunteer Support Committee

Stewardship Ministry
Hospitality Ministry